

## Thank You to Our Exhibitors

Brookline Booksmith  
Coolidge Corner Theater  
Chamber of Commerce  
Brookline Health Department  
Brookline Library  
Brookline Recreation Department  
Brookline Adult & Community Education  
BrooklineCAN

## Thank You to

The Brookline High School Jazz Ensemble  
and their General Manager, Carolyn Castellano

## Thank You To

Annual Meeting Planning Committee Members:  
Ellen Bick, Ruthann Dobek, Janet Gelbart, Jude Kidd, Bea  
Mikulecky, John Seay, Ruth Seidman, David Trevvett, Julie  
Washburn, Matt Weiss, Sonia Wong

## Thank You to

Our Members who strengthen our voice as we advocate to keep  
Brookline a community where older residents remain a vital  
part of the town's social, cultural, and civic life.

## Thank You to

Our sponsors who play a special role in our many collaborations  
and innovations

**Please support our efforts on behalf of older adults  
and the entire Brookline Community by making an  
additional contribution. Donate today online  
([www.BrooklineCAN.org](http://www.BrooklineCAN.org)) or with a check!**

**BrooklineCAN**  
93 Winchester Street  
Brookline, MA 02446  
[www.BrooklineCAN.org](http://www.BrooklineCAN.org)  
617-730-2777

## Brookline Community Aging Network

## 2023 ANNUAL MEETING



## *Re-emerge and Re-engage*

*How to Thrive in a  
Post-Pandemic World*

**Thursday, September 7, 2023  
5:00 – 7:00 pm**

**Brookline Senior Center  
93 Winchester Street Brookline, MA  
02446  
[www.BrooklineCAN.org](http://www.BrooklineCAN.org)**

*Help your neighbor. Help yourself. Help your town.*



Founded in 2010, Brookline Community Aging Network (BrooklineCAN) is a member-driven, volunteer organization that works to ensure that older Brookline residents remain a vital part of the town's social, cultural, and civic life. By promoting services and activities to improve the quality of life for seniors, BrooklineCAN makes the town a better place to live for all Brookline residents.

Through our newsletter, website, and AFC-TV broadcasts, we provide information about events, programs, and news of special interest to seniors. Monthly "conversations" with elected officials and Town staff keep the issues important to seniors in front of the Town's leadership and are a recognized source of feedback for the views of Brookline's older residents. A catalyst for programs like TRIPPS (alternative transportation) and the Pedestrian Advisory Committee which now function independently, BrooklineCAN also spearheaded inclusion of pedestrian friendly lighting in Town planning.

At our first annual meeting since the pandemic, our theme is Re-emerge and Re-engage: How to Thrive in a Post-Pandemic World. Sigalle Reiss, Director, Brookline Public Health and Human Services, will speak from a public health perspective about the ways to move forward as a community. Candace Cramer, President and CEO, Goddard House, focuses on the personal aspects and the small steps we can all take to help us (re)engage with the world around us.

We thank our members and encourage others to join. Your active participation is an opportunity to use the skills you've developed over a lifetime to help us achieve positive change through advocacy, innovation, and collaboration.

*We are grateful for the contributions of our founding partners*



Council  
on  
Aging



Center Communities  
of Brookline  
Hebrew SeniorLife



Caring for Generations  
**JF&CS**  
Jewish Family & Children's Service

## PARTNERSHIPS

### Thank you to our many partners

*We are grateful for the support of our Founding Partners - Brookline Council on Aging, Center Communities of Brookline, Goddard House Assisted Living and Memory Care, and Jewish Family & Children's Services - and many Brookline businesses, organizations, municipal departments and committees.*

#### **Community Businesses and Organizations**

Age-Friendly Brookline Businesses  
Brookline Booksmith  
LGBT Aging Project  
Brookline Adult Education  
TRIPPS  
Brookline Interactive Group (BIG)  
Brookline Chamber of Commerce  
Coolidge Corner Merchants Association  
Brookline Housing Authority

#### **Brookline Town Government with a special shout out to**

The Select Board  
Brookline Public Library  
Parks and Open Space Division of DPW  
Engineering and Transportation Division of DPW  
Department of Health & Human Services  
Recreation Department  
Office of Diversity, Inclusion, and Community Relations  
Assessors Office  
Commission on Disability  
Transportation Board  
Diversity, Inclusion, and Community Relations Board  
Pedestrian Advisory Committee  
Age-Friendly City Committee

## TRIBUTE



**Frank Caro**  
**1936-2020**

As we celebrate re-emerging and re-engaging, it is only fitting that we pay tribute to our founder and long-time guiding force, Frank Caro, who served with Ruthann Dobek as BrooklineCAN Co-Chair from its inception in 2010 until his death in 2020.

Frank never stopped engaging and advised all of us to get involved in civic affairs, to recognize the things that work well and to improve the things that do not. He believed that we multiply our individual accomplishments by connecting with others in the community as he did as a Town Meeting Member for 16 years and a member of the Town Advisory Committee for 7 years.

Instrumental in making Brookline the first community in New England to be designated an age-friendly city by the UN World Health Organization, he championed programs for older residents which benefit everyone, including the creation of a Pedestrian Advisory Committee which he initially chaired, the placement of benches along Beacon Street, and consideration of pedestrian-friendly street lighting in Town planning.

Frank was also President of the Board of Directors of the Friends of Hall's Pond Sanctuary where he indulged his passion for gardening by developing and running a seasonal bi-weekly volunteer maintenance crew.

In recognition of his leadership and commitment to BrooklineCAN, the community service partnership awards are named in his honor.

## WAYS TO RE-EMERGE AND RE-ENGAGE

In Town and  
Cultural  
Events

In parks and  
outdoor  
spaces

RE-EMERGE  
and  
RE-ENGAGE

Visit the Library,  
the Senior Center  
and Local Shops

Get Involved  
with Community  
organizations like  
BrooklineCAN

## KEYNOTE SPEAKERS



Sigalle Reiss is the Brookline Commissioner of Public Health and the Director of the Public Health and Human Services Department. Before joining Brookline in 2022, she was the Public Health Director in the Town of Norwood for 15 years. She has worked in local government for 20 years, beginning her career as a health

inspector in the City of Taunton.

Sigalle is also Immediate Past President of the Massachusetts Health Officers Association after a two-year term as President, and has been a member of its Board of Directors for 15 years. Sigalle has a Master's in Public Health from Boston University and a Certificate in Management and Leadership from Suffolk University.



As President and CEO of Goddard House, Candace Cramer oversees the strategic direction of its prestigious assisted living residence as well as its memory care neighborhood which is known for its innovative, holistic cultural and therapeutic programming.

Candace also leads Goddard House Community Initiatives, a growing social enterprise that is bringing creative aging programs beyond the walls of Goddard House to more than 600 diverse, underserved older adults living in Greater Boston. These programs build community and ease social isolation through participation in art, music and creative expression.

Candace holds an MBA in finance, and an MA in nonprofit management/arts administration, from the University of Cincinnati, and a BA in economics and music from Albion College. She is an accomplished musician whose love of music enhances her interactions with people of all ages and diverse backgrounds.

## AGENDA / #&( fl i \* 1 " E' fi

### Guide to Activi O :

*First Floor: Registration and Expo – enjoy wine and beer  
Third Floor: h ward ceremony, Brookline High Jazz  
Ensemble, light refreshments*

## AGENDA

### 5:00 pm Welcome to BrooklineCAN!

.....Explore Expo, Network, Learn, and Enjoy!

### 6:15 pm Program

.....**Welcome** Matt Weiss, *Master of Ceremonies*

Ruth Seidman and Ruthann Dobek,  
*Steering Committee Co-Chairs*

### .....**Frank Caro Community Service Partnership Awards**

- Brookline Council on Aging
- Kathy Burnes

### **Keynote Presentations:**

#### **Re-Emerge and Re-Engage: How to Thrive in a Post-Pandemic World**

Sigalle Reiss, *Director, Brookline Public Health and Human Services*  
Candace Cramer, *President & CEO, Goddard House*